

Behavioral Intervention Team

deanofstudents.utah.edu/bit/behavioral.php
801-581-7066
behavioralintervention@sa.utah.edu

Emergency Resources

University Police and Public Safety
dps.utah.edu

Emergency Response
911

Non-Emergency
801-585-COPS (2677)
For detailed instructions, review the Campus Emergency Guide Flip Chart or download the U-Heads Up app for access to the Emergency Response Guide at utah.edu/headsup

Download the U-Heads up app and subscribe to the campus alert system at dps.utah.edu/headsup/

SEE SOMETHING, SAY SOMETHING

Community Resources

Family Justice Center
801-236-3370

Rape Recovery Center
Crisis Line 801-467-7273

Safe UT Crisis and Tip Line
safeut.med.utah.edu

Suicide Prevention Hotline
800-273-TALK (8255)

Trans Lifeline
translifeline.org
Hotline 877-565-8860

University Neuropsychiatric Institute
Crisis Line 801-587-3000
Info Line 801-583-2500

Utah Domestic Violence Hotline
1-800-897-LINK (5465)

YWCA
801-537-8600

University Resources

Center for Disability & Access
disability.utah.edu
801-581-5020

Center for Student Wellness
wellness.utah.edu
801-581-7776

Feed U Pantry
feedu.utah.edu

Housing & Residential Education
housing.utah.edu
801-587-2002

International Student & Scholar Services
iss.utah.edu
801-581-8876

LGBT Resource Center
lgbt.utah.edu
801-587-7973

Office for Faculty
academic-affairs.utah.edu/office-for-faculty
801-581-8763

Office of Equal Opportunity & Affirmative Action (Title IX)
oeo.utah.edu
801-581-8365

Office of the Dean of Students
deanofstudents.utah.edu
801-581-7066

SafeU
safeu.utah.edu

Student Health Center
studenthealth.utah.edu
801-581-6431

University Counseling Center
counselingcenter.utah.edu
801-581-6826

Veterans Support Center
veteranscenter.utah.edu
801-587-7722

Women's Resource Center
womenscenter.utah.edu
801-581-8030



Behaviors of Concern Levels

Mild/Moderate Behaviors

- Significant drop in academic performance
- Preoccupation with death, suicide, or self-harm
- Changes in mood and appearance
- Displays paranoia or distrust
- Isolates self
- Alcohol & drug use/abuse

For mild to moderate behaviors of concern, please notify BIT as soon as possible. You may also consult with the University Counseling Center and the Center for Student Wellness.

Elevated Behaviors

- Excessive or demanding use of faculty's time and resources
- Erratic or unusual behaviors
- Sending intrusive emails/text messages
- Intimidating or bullying behaviors towards others

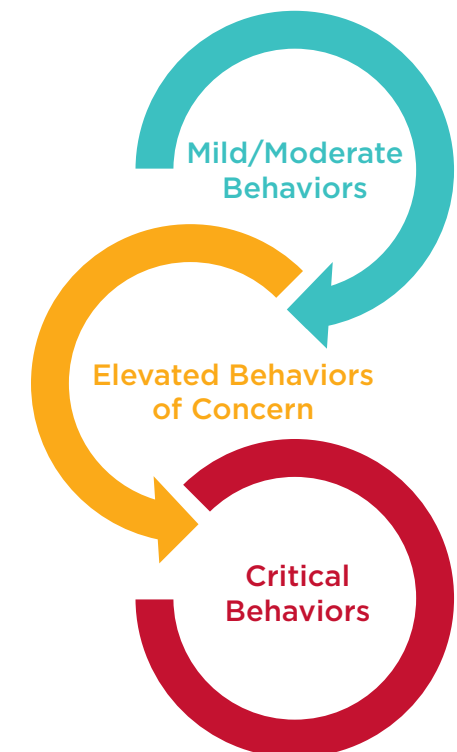
For elevated behaviors of concern, please notify BIT immediately.

Critical Behaviors

- Showing or brandishing a weapon
- State intent to harm self or others
- Overt threats to harm or kill someone
- Physical or sexual assault on another individual
- Interpersonal violence

For critical behaviors of concern, notify the University of Utah Department of Public Safety at **801-585-2677**. After speaking with police, please notify BIT.

IF THE THREAT IS IMMEDIATE, DIAL 911 FOR POLICE RESPONSE.



What is BIT?

Working with Students of Concern

In an effort to respond to the needs of distressed students and to keep the campus safe, the University of Utah established the Behavioral Intervention Team (BIT). The BIT is a multidisciplinary team of campus partners working collaboratively to keep the University community safe and healthy.

What the Team Does

The purpose of the BIT is to be aware of individuals of concern and develop appropriate support and interventions. The team gathers information from faculty, staff, students, and other community members to assess the potential risk level of behavior. The goal is to be proactive and educational rather than reactive.

Recognizing and Helping Students in Crisis

Where Do I Start?

If you are concerned about a student, do not let uncertainty stop you from taking action. The University of Utah is committed to supporting students in crisis. The Office of the Dean of Students has oversight of the BIT and Student Support. This guide was developed to assist you in recognizing, responding, and reporting concerning student behaviors. For additional information regarding the Behavioral Intervention Team or Student Support, **please contact the Office of the Dean of Students at 801-581-7066.**

Where to Report

Office of Equal Opportunity/AA

- Discrimination
- Sexual misconduct

Office of the Dean of Students

- Student Code violations
- Requests for outreach and support
- Consultation or information only reporting

Behavioral Intervention Team

- Disruptive Behaviors
- Emotionally Concerning Behaviors
- Concerning Changes in Behaviors

Private vs. Confidential

Private Communicators

- Anyone who receives a paycheck from the U and is not part of the specified confidential communicators

Academic Department

- Academic Code violations
- Faculty issues
- Professional misconduct

University of Utah Police Department

- Threatening or criminal activity
- Incidents of immediate threat

Confidential Communicators

- Women's Resource Center
- University Counseling Center
- Center for Student Wellness
- University Chaplain
- Athletics Psychologists
- University Academic Affairs Ombudsman